



# 11/12/24 Morning Report with @CPSolvers



*"One life, so many dreams" Case Presenter: Oumaima Outani (@Ooutani) Case Discussants: Dr. Jimi Malik (@) and Youssef (@saklawiMD)*

**CC:** 70M fatigue on minimal exertion. Feels COPD worsening.

**PMH:** COPD, HTN, Dyslipidemia, DM.

**Social history:** 40 pack/year smoking history

**In the clinic:** after refilling medications and ensuring he is on the optimal therapies for COPD, you have time to begin a goals of care discussion.

**In the hospital:** His condition deteriorates weeks later necessitating admission for **severe dyspnea and SpO2 80%**. He is placed on high-flow nasal cannula oxygen. Rapid COVID, FLU, RSV screening - **positive for COVID-19**. CXR: **bilateral infiltrates concerning for early ARDS**.

The patient decides to remain full code. Despite further treatment, his condition deteriorates rapidly.

**In the ICU:** develops **ARDS, altered mental status, and severe difficulty breathing leading to intubation and life support**.

The family wants to honour the patient's wishes and continue full code status.

## Discussion Questions

1. When a patient has complex comorbidities but isn't acutely ill, how to approach goals of care conversation in the clinic?
2. How to establish the patient's values in terms of quality of life as illness progresses?
3. How to set a foundation that can make revisiting goals easier if the patient's condition worsens?
4. How does the progression of illness shift the focus in goals of care discussions, particularly if patient's preferences change over time?
5. When a patient is intubated and the family is hopeful for recovery, how to approach the family member's hope?
6. Some healthcare team members may feel that the care they provide is futile. How to approach the discussion of medical futility?
7. How to address the impact on family members—particularly caregiver fatigue—and incorporate this into your discussions with them?
8. Oftentimes, caring for these patients can have a big toll on the team. How to approach care for providers/care teams in this circumstance?
9. How to incorporate spiritual care resources into the care plan?
10. How to handle situations in which your spirituality differs from the family's—how to respect their religious beliefs while remaining professionally supportive?