

Relapsing Polychondritis

Who

- M=F
- Middle Age
- 30% w/ secondary Dz

① Autoimmune

- RA
- Behcet
- Other

② Heme

- MDS
- VEXAS

What

Systemic Dz w/ Prediction for Cartilage

Cartilage

Ear 40%

- Chondritis
- Bilateral
- Relapsing

Eye 70%

- Conjunctivitis

Airway 50%

- Tracheomalacia

Nose 30%

- Saddle Nose

Joints

- Peripheral
- Sternal

Visceral

Vasculitis

- Variable Vessel
- Venulitis

Neuro

- CNS > PNS
- Propensity for Brainstem

Cardiac

- Conduction System Dz
- Valvulitis

Dx

- Clinical

DDx

Syndrome

- Chondritis
- Nasal lesions

Px

- Immunosuppression