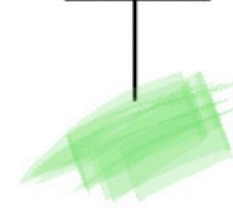


The 4 Quarters: Chronic Diarrhea



Q1

Q2

- ① History + Physical
Labs: CBC w/diff, CMP, TSH, CRP, HIV
TTG Ab, IgA
Stool Studies: C Diff, giardia,
calprotectin
- ② 3 Is
Incontinence
Iatrogenic: meds, SHx, diet, XRT
Infections: C. Diff, E. Histolytica,
crypto, giardia

- Functional
- ① Diet: FODMAP, sucrose, lactose
 - ② IBS-D
- * Consider Tx if \emptyset red flags
- Diet Change
 - Rifaximin, TCAs
 - Anti-Diarrheals
 - Bile acid binders

- Red Flags
- Weight loss
 - Bleeding
 - Nocturnal Sx
 - Anemia

Q3

Q4 $\approx 20\%$

Structural

Qualitative Stool Analysis

- ① Colonoscopy + Bx
- Microscopic colitis, IBD
- ② \pm EGD + small bowel bx
- ③ \pm CT/MR enterography

- ① Quantitative 48-72 hr fecal fat
- ② Stool pH/electrolytes/osmotic gap
- ③ Select labs: tryptase, Igs