

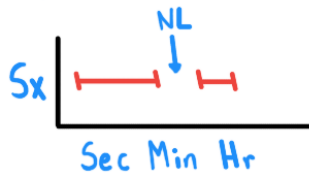
# DIZZINESS \*Recent Onset

Associated "Non-Neuro" Sx  $\xrightarrow{\text{yes}}$  Sx Guides Dx

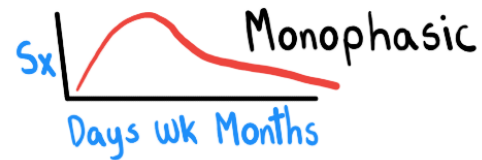
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- Step 1: Associated Sx?
- Step 2: Timing
- Step 3: Triggered or Spontaneous
- Step 4: Targeted Exam

## Episodic, Normal @ Rest



## Acute & Persistent



### Positional Triggered

Benign    Dangerous

- BPPV (seconds)
- CPPV
- Posterior Stroke
- Posterior Tumor

### Orthostatic Hypotension

- Meds
- Life-Threatening Bleed

#### Exam

- Dix-Hallpike
- Orthostatic Vitals
- Nystagmus Direction

### Spontaneous

Benign

- Vestibular Migraine
- Vasovagal Syncope
- Panic Attack
- Meniere's

Dangerous

- Vertebrobasilar TIA
- SAH
- Arrhythmia
- PE
- ↓Glu

### Exposure

Trauma

- Blunt Head Trauma
- Whiplash

Toxin

- Anticonvulsant
- Amiodarone
- TCA
- Illicit Drugs
- Carbon Monoxide

### Spontaneous

Benign

- Vestibular Neuronitis

Dangerous

- Stroke
- Brainstem
- Cerebellum
- Inner Ear

#### Exam

• HINTS