

Systemic Sclerosis

Limited = CREST

Clinical Sx

Fibrosis

- ① Skin
- Limited to hands + face

- ② Esophageal Dysmotility

Vascular

- ① Telangiectasia
- ② Raynaud's
- ③ Nailfold capillary dilation
- ④ Pulmonary HTN

Other

- ① Calcinosis

Tempo

Subacute/Chronic

Serology

- ① ANA - 90%
- ② Anti-Centromere - 80%

Associations

- ① Reynold's Syndrome = CREST + Sjogrens + PBC
- ② ↑ Lung CA risk
- ③ Hemiplegic Migraine

Diffuse

Clinical Sx

Fibrosis

- ① Diffuse skin
- ② ILD
- ③ GI
 - Esophageal dysmotility
 - SIBO
- ④ Cardiac
 - Restrictive cardiomyopathy

Vascular

- ① Raynaud's
- ② Nailfold dilation + dropout
- ③ GAVE stomach
- ④ Renal Crisis

Other

- ① Calcinosis
- ② DIP Arthritis
 - Acro-osteolysis

Tempo

Acute/Subacute

Serology

- ① ANA - 90%
- ② Anti-Scl 70 - 30%
- ③ Anti-RNA Polymerase 3 - 30%

Associations

- ① ↑ Lung CA