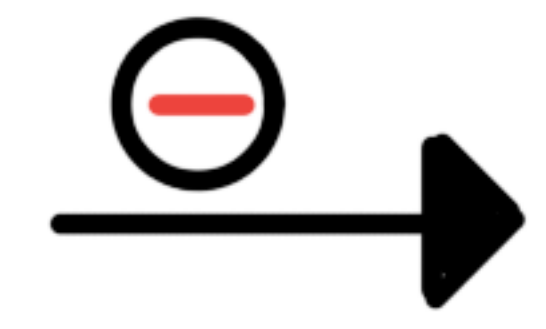


↓ Iron

Approach

↑ Loss



↓ Absorption

Common

Rare

Gastric

Small Bowel

GI

GU

• PPI

• Parasites

• Colon Ca

• Bladder CA

• H. Pylori

• Celiac Dz

GYN

Pulm

• Autoimmune Gastritis

• ↑ Heparidin

• Fibroid

• DAH

• CKD

Skin

• Lice

• CHF

Intravascular Hemolysis

• Sickle Cell

• Waldenstrom

• Genetic

↑ Demand

• Pregnancy

• Lactation

Dx

Clues

CBC

Smear

• ↓ MCV

• Microcytes

• ↑ RDW

• Hypochromia

• ↑ Platelet

• Pencil cells

Fe Studies

• ↓ Ferritin

• ↓ Iron

• ↑ Transferrin

• ↓ % Sat

Complications

Anemia

Other

• Plummer-Vinson

• Pagophagia

• Alopecia

• Restless Leg Syndrome

• Koilonychia

• Glossitis/Stomatitis

